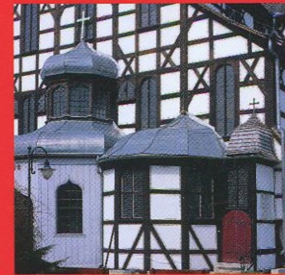
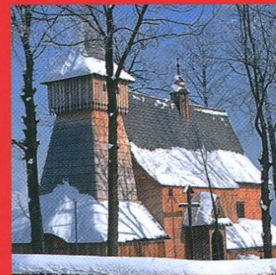
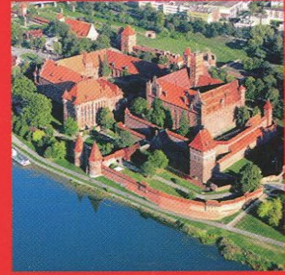
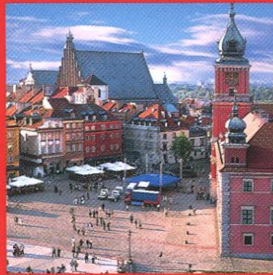


91 (H4)  
R. 88

# POLAND

## NATIONAL HERITAGE



Wydawnictwo PARMA® PRESS

# POLAND

## NATIONAL HERITAGE

Text  
GRZEGORZ RUDZIŃSKI



Wydawnictwo PARMA<sup>®</sup> PRESS

# REPUBLIC OF POLAND



The Emblem of the Republic of Poland



The National Flag



Banknotes and coins used in Poland

The beginning of the Polish national anthem – words and notes

$\text{♩} = 116$

Je- szcze Pol- ska nie zgi- ng- ła kie- dy my ży- je- my. Co nam ob- ca  
 Poland has not yet succumbed. As long as we remain, What the foe

prze- moc wzię- ła sza- błą od- bie- rze- my. Marsz, marsz Dąb- row- ski,  
 by force has seized, Sword in hand we'll gain. March! March, Dabrowski!

z zie- mi włos- kiej do Pol- ski. Za Two- im prze- wo- dem złą- czym się z na- ro- dem.  
 March from Italy to Poland! Under your command We shall reach our land.

1	Historical outline	p. 4	
2	Geographical location and natural conditions	p. 8	
3	Warsaw	p. 14	
4	Cracow	p. 22	
5	Wielkopolska as cradle of Poland	p. 28	
6	Selected portraits of Polish kings	p. 36	
7	The larger cities...	p. 40	
8	...and smaller cities and towns	p. 48	
9	Polish Jews	p. 54	
10	Places of oppression and murder by the Nazi German regime	p. 60	
11	World Cultural Heritage	p. 64	
12	National Parks	p. 70	
13	Poland and Poles in art	p. 78	
14	Romanesque and Gothic art	p. 84	
15	Pearls of the Renaissance and the splendour of the Baroque	p. 92	
16	From Neo-Classicism to modernity	p. 100	
17	The birth and life of <i>PRL</i>	p. 108	
18	The <i>Solidarity</i> Phenomenon	p. 112	
19	Polish customs and traditions	p. 116	
20	Polish cuisine	p. 122	